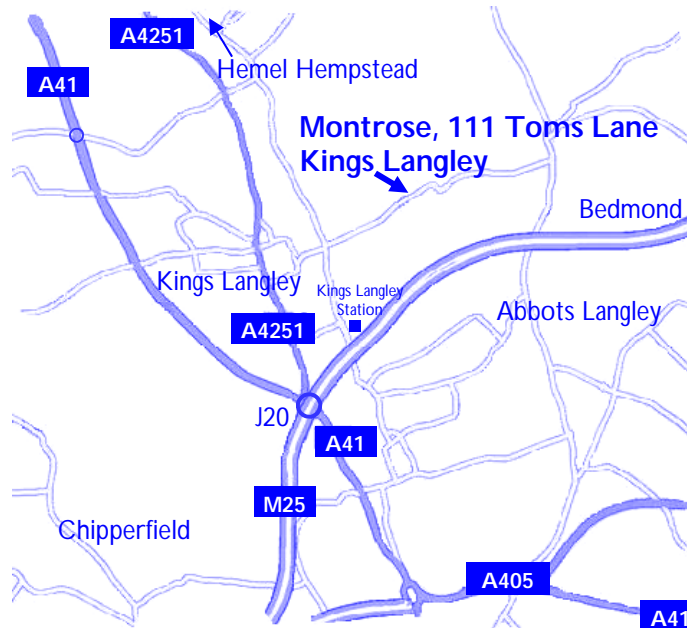


Montrose offers:

- Quiet residential surroundings
- Large peaceful garden
- Laundry facilities
- Freshly prepared breakfasts
- Made-to-order prepared dinners available
- Room cleaning Monday to Friday
- Freedom from pesticides
- No mainstream commercial cleaning products used
- No new particle board or other commonly allergenic materials
- Filtered water in the kitchen; the single taps are filtered.
- Filtered water in all bathrooms. In the two bathrooms off the corridor, the cold water taps are filtered. In the bathroom at the top of the stairs, there is a filtered water tap. *(Please do not drink the water from the other taps because it is filtered and softened and may have a high sodium content.)*
- Close to local amenities (1½ miles away) in Kings Langley, which has quite a few shops, including a whole food shop, called Claire James, various pubs and restaurants.



Breakspear Medical Group Ltd

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+44 (0)1442 266 388

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Breakspear Medical Group Ltd

Breakspear Hospital's Guesthouse



Montrose
111 Toms Lane
Kings Langley
Hertfordshire
WD4 8NP

Breakspear Medical Group

Breakspear Medical Group runs a private day hospital that treats patients for allergy and environmental sensitivity.



There are over 45 staff members including qualified doctors and nurses, accountants, lab technicians and administration. Breakspear

is a family owned and run operation that has treated over 14,000 patients since 1982.

At Breakspear Hospital, each patient undergoes a consultation with a specialist physician followed by testing and treatment that are tailored to the patient's particular needs. Breakspear has an in-house pharmacy to provide supplements and a licensed manufacturing laboratory to create individualised antigen vaccines.



Breakspear provides formal training for nutritionists in addition to the world-renowned lectures of the Medical Director, Dr Jean Monro.

Breakspear also has an immunisation clinic, offering individual measles, rubella and mumps vaccinations and many other mercury-free immunisations including flu, polio, tetanus and travel vaccines.

In addition to the hospital, Breakspear runs a guesthouse located in Kings Langley for out-of-town patients.

Breakspear's Guesthouse, Montrose

As Breakspear Hospital is a day patient unit, out-of-town patients receiving treatment may wish to stay overnight in the Hemel Hempstead area. Because of our dedication to the treatment of allergy and environmental illness, we offer patients accommodation in our guesthouse, which is free of pesticides, mainstream commercial cleaning products, new particle board and other commonly allergenic materials, and provides filtered water.

The guesthouse has 7 bedrooms and 3 shared bathrooms. The cost per night including an evening meal is £47.50 + VAT.* Bookings are subject to availability.

General Information

Montrose is a private, semi self-catering guesthouse that belongs to the hospital. There is no nursing or medical cover provided at the guesthouse. If you require assistance with the activities associated with daily life, you must arrange for an escort to stay with you.

Arrival/Departure

If you book to stay at Montrose, one of our receptionists will advise you how to gain access. Please ensure you know this before arrival.

You may check-in to your pre-booked room at any time after 11:00am. The housekeeper is part-time and at Montrose only in the mornings, Monday to Friday. If you arrive when the housekeeper is not there, information for you is left at the house, including which room has been allocated to you.

All personal belongings must be removed from your room by 10:00am on the day of your departure. If you would like to arrange for a departure later than 10:00am, please let us know as this may be subject to an additional charge.

Transport to and from

The minibus service to and from the hospital is provided free of charge for guests staying at Montrose. *Note: patients travel at their own risk.*

The minibus for patients to be transported to the hospital departs from the guesthouse at 8:45am, Monday to Saturday.

The minibus for patients returning to the guesthouse departs from the hospital at 5:00pm, Monday to Saturday.

If you require a taxi at any time, please refer to the taxi company numbers next to the public phones at the hospital and the guesthouse.

Meals

Breakfast is available in the dining area between 7:30am and 8:30am. If you have special requirements, please let the housekeeper know in advance.

Dinners may be pre-ordered from the hospital kitchen and collected before 5:00pm.

Alternatively, you may wish to prepare your own meals using the kitchen facilities at the guesthouse.

Room Cleaning

Your room will be cleaned every morning, Monday to Friday. If you do not want the housekeeper to clean your room, or you have any special requirements for the cleaning of the room during your stay, please let us know in advance.

Each room is supplied with a standard number of sheets, pillows, pillowcases, blankets, bedspreads and towels. If you require more, please ask the housekeeper. If you want any of these items removed from your room, please speak to the housekeeper.

On the day of your departure please ensure that all guesthouse property is left in your room. A charge may be levied for moved or missing items.

Shared Facilities

As all guests share the bathrooms and other facilities, please keep your personal belongings in your own room and refrain from using perfumed products during your stay at Montrose.

Damage at the Guesthouse

Please note that we reserve the right to charge you for any damage caused during your stay at Montrose.

Your Comments

We welcome any comments on the facilities and would appreciate your suggestions for improvements that you feel would make your stay more comfortable in the future. Please submit your comments in writing to:

Montrose Guesthouse Comments
Breakspear Medical Group
Hertfordshire House, Wood Lane
Hemel Hempstead, Hertfordshire
HP4 4FD

*Breakspear Medical Group reserves the right to alter prices without notice.